

THE CHURCH ON THE HIGHWAY

Where Life and Jesus Intersect

St. Paul Lutheran Church

May 2019 Edition

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From Our Senior Pastor

Rev. Larry Krueger

pastorkrueger@splcwaco.com

The Impact of the Resurrection of Jesus

Having just celebrated Easter Sunday toward the end of April, each Sunday throughout the month of May we will be celebrating what is labeled in the Church Year as the "Sundays of Easter." The Scripture readings from the book of Acts for each of those Sundays reveal the impact of the resurrection of Jesus in the lives of those who encounter it, specifically in the lives of Paul and Peter and those to whom they ministered. This impact of the resurrection of Jesus continues today around the globe. The Holy Spirit remains at work through the means of grace, Word and Sacrament, changing lives through the death and the resurrection of Jesus.

So, what makes the resurrection of Jesus so impactful? The following Scripture verses capture some of the greatness for all who believe in Jesus and His resurrection.

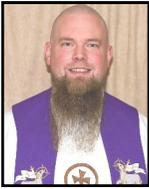
- We can be certain that Jesus is the Son of God, thus assuring us that all His promises are true:**
Romans 1:3-4 – The Apostle Paul writes concerning Jesus, "who was descended from David according to the flesh and was declared to be the Son of God in power according to the Spirit of holiness by his resurrection from the dead, Jesus Christ our Lord." (ESV)
- We know that our sins are forgiven:**
1 Corinthians 15:17, 20 – The Apostle Paul writes of the resurrection, "If Christ has not been raised, your faith is futile and you are still in your sins...But in fact Christ has been raised from the dead." (ESV)
- We have hope in the face of death:**
John 11:25-26 - Jesus said to [Martha], "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and everyone who lives and believes in me shall never die." (ESV)
- We know we will be raised from the dead because Christ was raised from the dead:**
Romans 6:5, 8 – The Apostle Paul writes about being baptized into a death like His saying, "For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his...Now if we have died with Christ, we believe that we will also live with him." (ESV)
- We have hope and a future in heaven:**
1 Peter 1:3-4 – The Apostle Peter wrote, "According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you." (ESV)

The impact of the resurrection is tremendous in our lives. Because Christ was raised from the dead, through our faith in Him as Savior and Lord we have hope for today, tomorrow and for all eternity! Thanks be to God who gives us the victory through our Lord Jesus Christ! (1 Cor. 15:57)

Love God and love your neighbor,
Pastor Krueger

Worship With US
WELCOME

Sunday Worship
8am & 10:30am
Bible Class/Sunday School
9:15am



A Message From Our Associate Pastor

Rev. Matthew Hardaway

Email: pastorhardaway@splcwaco.com

Jesus In The Psalms - Psalm 11 (ESV)

¹ In the Lord I take refuge; how can you say to my soul, "Flee like a bird to your mountain, ²for behold, the wicked bend the bow; they have fitted their arrow to the string to shoot in the dark at the upright in heart; ³ if the foundations are destroyed, what can the righteous do?" ⁴The Lord is in his holy temple; the Lord's throne is in heaven; his eyes see, his eyelids test the children of man. ⁵The Lord tests the righteous, but his soul hates the wicked and the one who loves violence. ⁶Let him rain coals on the wicked; fire and sulfur and a scorching wind shall be the portion of their cup. ⁷For the Lord is righteous; he loves righteous deeds; the upright shall behold his face.

David starts this Psalm out much like he is having a conversation with someone - perhaps a commander in his army, or maybe one of his sons, or even just the guy who gave him his haircuts.

Assuming it was his barber, we see that the barber fully knows and understands all the strife that David has and most likely is currently going through. They have known each other for a long while. The barber knows how Saul has persecuted David. He knows how enemy countries have attacked David and God's people. Even right now, the barber knows that "the wicked bend the bow."

The barber makes the sound suggestion - "flee to the mountain and stay safe there! The enemy won't be able to pursue much less attack!" When David first scoffs at this idea the barber responds with sound reason - "if the foundations are destroyed, what good can come from that?" In other words, David, God has anointed you King! But, if you die, how can that be any good?

David ponders this for a moment and we get his response - Yes, the world is against me. Yes, my own king (or even my own son) are out to get me. The throngs who used to praise my arrival back from battle have turned their backs to me. I can look outside my window and see the hordes lining up to take my life. But why should I fear? "The LORD is in His holy Temple, the LORD still rules from Heaven" (NLT), therefore, "In the LORD do I take refuge."

When the weight of sin in this world is attacking us - when the daily list of prescriptions is more complex than the flight schedule going in and out of an airport - when the amount of assignments due by the end the week at school add up to more hours than there are in the week - when we are being asked to go against Scripture in a decision at work or risk losing our job - when you are worried to answer the call from a family member because you fear the argument that might ensue - when the arrow is pointed to your heart - do you run to the mountain and hide?

I believe there are times when we have, and times in the future when we will want to. When we are enduring those times or facing the arrow pointed our direction, we, like David, ultimately need not fear. God is with us!

As Jesus made His way to the cross, He confronted the sin of the Scribes and Pharisees - who didn't hide on a mountain, but hid from God behind their man-made rules and traditions. In Matthew 23:16-22 He says to them in essence, "you make your vows and oaths based off of what is in the physical temple. You fools! The Lord is in His Holy Temple - that is who you should be worshipping!"

Jesus arrives on His throne to rule from Heaven via the cross. As we enter into this Easter season of celebration for all the work He has done, we are reminded that when trials and troubles and temptations come our way, we need not run and hide. We can confidently face them knowing that Jesus is reigning, not just over the whole of creation, but reigning in my life as well. He will strengthen me by the Holy Spirit to do that which is pleasing to Him!



A Message From Our Deaconess

Dcs. Suzanne Krahn

Email: dcskrahn@splcwaco.com

Understanding Food Labels

How well can you decipher and understand food labels on the products you buy? They are not easy to read much of the time. And, if the letters and numbers are big enough to read, are they easy to understand? In 2005 the FDA (Food and Drug Administration) made it mandatory to invoke food labels on all food products. These labels are pretty well standardized, but do have different values on them that we need to know how to read.

The first thing to look at is the serving size and the number of servings in the package. The serving size will give you the amount of calories and nutrients that are listed. If you eat twice the serving size listed, you will get twice the calories and nutrients. The second thing is to look at the number of calories per serving size. This lets you know how much energy you get from one serving of food. Third, look at the percent (%) of Daily Value (DV). This scale is based on a 2,000 calorie diet. This scale of 0%-100% tells there is a little or a lot of the nutrient in the one serving of product. In this scale 5% DV or less is a little and 15% DV or more is a lot. Fourth, listed here are other nutrients of which one needs more for a balanced diet, that being, Fiber, Vitamin A, Vitamin C, Iron, and Calcium. Fifth, these nutrients are needed in lesser amounts in one's diet: Fat, Saturated Fat, Trans Fat, Sodium, and Cholesterol.

Sources of nutrients can be identified in terms of High, Low, Free, Reduced, Light and Calories. "Fiber" – source means the food contains at least 2 grams of fiber; "high" means at least 4 grams; "very high" means at least 6 grams. "Fat" – low means no more than 3 grams. "Cholesterol-free" – means less than 2 mg. of cholesterol and low in saturated and trans fat. "Sodium-free" – means the product contains less than 5 mg. of sodium. "Reduced in Calories" has at least 25% less energy than other foods it is being compared to. "Light" – is allowed only on foods that are either "reduced in fat" or "reduced in energy." It can also mean light in taste or color. "Calories" – this information will tell you where the most amount of calories are coming from (e.g. coming from fat or protein). The general guideline to calories is 40 is low, 100 is moderate, and 400 or more is high. Eating too many calories from the wrong source per day is linked to being overweight and obesity. Eating too many calories can lead to heart problems, high blood pressure, strokes, certain chronic diseases and some cancers.

Sugars – all sugar is not created equal. There has not been a daily reference value assigned to sugar. But keep in mind that sugars occurring naturally are not the same as "added sugars." Added sugars will have names like corn-syrup, high-fructose corn-syrup, fruit juice concentrate, maltose, dextrose, sucrose, honey, and maple-syrup.

Be smart read the labels and eat healthy.

Resources: <http://www.unlockfood.ca/en/Articles/Nutrition-Labeling>
<https://www.fda.gov/food/labelingnutrition>



**“The righteous cry out, and the Lord hears them;
He delivers them from all their troubles.” Psalm 34:17**

Lord, Hear Our Prayers:

- † We pray for continued healing for all those who have suffered physical problems in the last month, including: (a complete list is available through the church office). We pray the Lord lay His healing hand upon them.
- † We pray for all who struggle with ongoing health concerns, including: (a complete list is available through the church office). We pray the Lord keep His healing hand upon them.
- † We pray for all who are home-bound, in nursing care or assisted living facilities, including: (a complete list is available through the church office). We pray the Lord give them comfort and peace with their living situation.
- † We pray for those who have lost loved ones in the last month, including: (a complete list is available through the church office). We pray the Lord give them comfort in their time of sorrow.
- † We pray for those serving in our Armed Forces (a complete list is available through the church office). We pray the Lord keep them safe in their stead as they defend our freedom and safety.
- † We pray for those serving in the mission field ... may God continue to bless and keep them safe as they minister to the world as an extended outreach of St. Paul Lutheran Church, Waco, Texas.

Please contact the church office if you, someone in your family, or a family friend is in need of prayer. Please keep the church office advised of the status of those you add to the prayer list, so that our list remains up-to-date. If you have any questions, please contact the church office at 254.799.3211 or by email to: wecare@splcwaco.com.



Classes for All Ages

Join us for Sunday morning Bible Classes at 9:15am each week:

Adult Bible Class, in the Family Center

This group is going through a study on the Gospel of Matthew.

Men's Bible Class, in the N4 Classroom

This group is studying various topics, applicable to everyday life; utilizing archived sermons by Rev. Walter Albers.

Ladies Bible Class, in the Conference Room

This group is going through the study: "God of Creation" a study of Gen. 1-11, by Jen Wilkin. Revisit familiar stories and historical figures, challenge your basic knowledge, and discover deeper meanings in the text. As God reveals Himself through Scripture, we can only begin to understand ourselves when we first glimpse the character, attributes, and promises of our Creator.

Nursery - Kindergarten (classrooms), Grades 1-6 in Parish Hall & classrooms

These classes use the BUZZ curriculum which has a unique theme every quarter that teaches a mix of classic and uncommon Bible stories that kids haven't heard before—which impacts their faith and changes their lives. Music time uses song to reinforce the lessons and allows children to share their faith through occasional performances for the congregation.

Grades 7-12, in the Youth Room

This age group is going through a tech-based Bible study.

Other Bible Study Opportunities:

Men's Tuesday Morning Bible Class, in the Parish Hall

This group works through selected studies, meeting every Tuesday morning at 6:30am.

College Student Evening Bible Study/Fellowship

This group will resume meeting in the Fall semester.

Young Adults Bible Study

This group meets on Thursday evenings at 6:30pm, at Panera at the Central Texas Marketplace.

Ladies Wednesday Morning Bible Class, in the Conference Room

This group meets on the first and third Wednesday of each month.

Tuesday Evening Ekklesia Bible Study

This group meets for Bible study and fellowship on Tuesday evenings at 7:00pm at The Fountain (10102 China Spring Rd., Suite #110, China Spring).

Sunday Evening Bible Studies

These groups will meet on Sunday, May 5, for their annual combined summer gathering. Both groups are invited to bring their favorite sides, salads, and/or desserts to pair with Fried Fish at 5:30 p.m. at the home of Roy & Darlene Tate.

Youth Confirmation/Catechesis Training

These classes will resume meeting in the Fall.

There's a place for EVERYONE to be immersed in God's Word and fellowship with other Christians!

ST. PAUL SENIOR ADULTS will come together on Wednesday, May 8, 2019 at 11:00 a.m. for Worship (with Holy Communion) followed by a fellowship luncheon in the Family Center. Everyone is invited to join us.

ST. PAUL SENIOR ADULTS MAY BIRTHDAYS

A complete list of member birthdays is available in the church office.

We do not publish this information on our Web site out of respect for the privacy of our members.

Servants for May 2019

Out of respect for the privacy of our members, they will be identified by the initial of their first and last name only. If you have any questions, please contact the church office.

Acolytes

8:00am Worship

May 5 - T. L.
May 12 - R. H.
May 19 - C. G.
May 26 - C. E.

10:30am Worship

May 5 - K. T.
May 12 - H. H.
May 19 - L. K.
May 26 - J. S.

Nursery Volunteers

8:00am Worship

May 5 - B. & A. G.
May 12 - J. & R. R.
May 19 - S. C.
May 26 - J. L.

10:30am Worship

May 5 - J. & R. R.
May 12 - J. & R. R.
May 19 - P. & D. E.
May 26 - J. U.

Altar Guild, Group 5

A. D.
L. R.
M. D.
B. H.
J. D.
J. B.

Flower Chart

A. B.

Altar Flowers

May 1 - Confirmation Class
May 5 - Confirmation Class
May 12 - M. & S. J.
May 19 - J. D.
May 26 - D. & L. W.

Sunday Morning Greeters

8:00am Worship

May 5 - J. & J. P.
May 12 - L. & S. P.
May 19 - L. & J. S.
May 26 - P. & B. P.

10:30am Worship

May 5 - J. & J. K.
May 12 - K. & P. K.
May 19 - K. U./P. U.
May 26 - B. & W. W.

Elders of the Congregation

R. B.
T. J., Elder of the Month
T. H.
D. M.
L. P.
B. S.

Ushers for the Month

8:00am Worship, Group 1

W. H. , Hd.
J. D., Asst.
G. A.
B. G.
J. L.

10:30am Worship, Group 2

R. B., Hd.
J. T., Asst.
C. T.
J. P.
J. T.
I. C.

Texas District Church Extension Fund:

How can you save for tomorrow and help save souls for God with the same dollar? Invest that dollar with the Texas District Church Extension Fund (CEF). Every dollar you invest with CEF earns a competitive rate of return and provides low-cost construction loans to Texas congregations for buildings that help enlarge God's kingdom of believers. Your investment is a wise personal savings plan that allows CEF to make loans that serve others and show God's love actively.

April Rates	(Fixed)	(Floating)
One Year CD	2.40%APY	2.65%APY
Three Year CD	2.52%APY	2.52%APY
Five Year CD	2.78%APY	2.52%APY
Flex Savings		1.00%APY
Cong. Savings		1.26%APY



For more information call Texas CEF at 1.800.951.3478, online at www.TexasCEF.org.



Attendance and Offering for April 2019

A complete list is available in the church office.

Official Acts for March/April 2019

A complete list is available in the church office.



CONFIRMATION

SUNDAY

On Sunday, May 5, 2019 we welcome our Junior Confirmands into confirmed membership of St. Paul Lutheran Church during our 10:30 a.m. worship service. The congregation is invited to join in this worship celebration, rejoicing in this special spiritual milestone in the lives of these young people.

A complete list of this year's Confirmation Class is available in the church office.



Sunday Evening Home Bible Study Groups Fish Fry, May 5, 2019

The Sunday evening home Bible study groups will come together on Sunday, May 5, at 5:30pm for a joint summer gathering at the home of Roy & Darlene Tate.

Isaac Cox has graciously offered to fry some fish for the entrée; and each family is asked to bring a side, salad, and/or dessert to share.

If you have not been a part of these home Bible study groups, this is an excellent opportunity to get introduced and join a group in the Fall! If you have any questions, please call the church office.



ekklēsia

Jesus calls us out to "Follow Him" in faith and fellowship.
Join us for this exciting new Bible Study at
The Fountain (10102 China Spring Rd., Suite #110, Waco, TX 76708)
on Tuesday evenings at 7:00 p.m.

If you have any questions, please contact Jerry Tucker.



The next planned trip to Guatemala is scheduled for July 27-August 3, 2019. If you have an interest in being a part of God's work happening in these villages, please contact Pastor Hardaway as soon as possible, as space is limited (email: pastorhardaway@splcwaco.com).

DEADLINE to sign-up for this trip is Sunday, June 9, to obtain airfare and be sure everyone has the necessary medical requirements for travel.



St. Paul Family and Friends, help the youth group get to National Youth Gathering. Flock your friends and neighbors with Pink Flamingos:

- ❖ To have a yard Flocked-\$50
- ❖ To have the Flock removed- \$25
- ❖ To have the Flock removed and re-Flocked- \$75

A ticket booth will be in the church foyer on Sunday, May 5.

Thank you for your support!
Questions, call Jerry Tucker.

Bellmead Community Resource Fair

hosted by St. Paul Lutheran Church

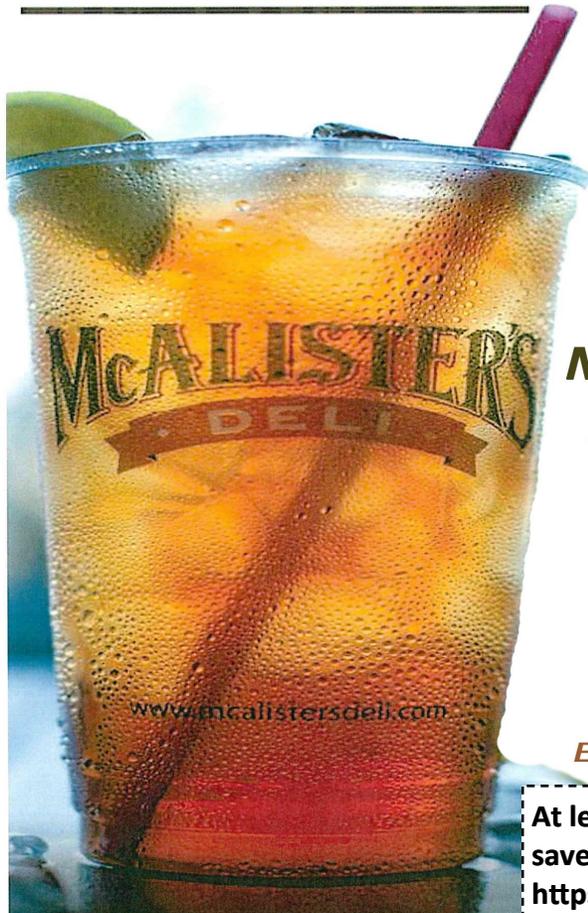
Saturday, May 18, 2019
10:00 a.m. - 12:00 p.m.

Come join us for a FREE family friendly event!
We will have resource booths, free food, games, and prizes.

If you have any questions, or would like to volunteer to help with this event, please contact Sergeant Kinsey at the Bellmead Police Department (254.799-0251).

SANDWICHES • SALADS • SPUDS • SOUPS • SWEET TEA • CATERING

CHARITEA EVENT



National Youth Gathering Mega Fundraiser

Tuesday, April 30th
5-10 p.m.

At all Waco Area
McAlister's Restaurants

Hewitt Location
1505 Hewitt Dr
(254) 420-3353

Baylor Location
812 S 6th St
(254) 296-0380

Waco Location
4551-A W Waco Dr
(254) 776-3354

*All proceeds will go towards the
Trinity, St. Paul & Peace Lutheran
Youth Groups*

*Orders can be carry-out or dine-in
Be sure to mention "Lutheran Youth"*

At least 20 people MUST RSVP by April 27 in order to
save the date. Please RSVP at:
<https://www.groupraise.com/events/90275>

FIRST ANNUAL

412

Floatilla

#412youthevent

Saturday, June 1, 2019

9:00am - 9:00pm

Calling all high school youth! Bring your friends out to float the Frio River and enjoy a day off in San Marcos with your crew!

Bring money for lunch and dinner.
Transportation will be provided.

Staff from St. Paul, Trinity and Peace will be joining the kids; however, additional adult chaperones are needed. Please contact Jerry Tucker with questions or to volunteer to chaperone.

Children & Youth Activities

email: board_of_ed@splcwaco.com

VBS
June 16-19, 2019
5:30-8:00pm



Children ages Nursery - 6th Grade are invited to join us! This epic African adventure engages the whole herd. At Roar, kids explore God's goodness and celebrate a ferocious faith that powers them through this wild life.

Dinner will be served nightly, with a free-will offering collected to offset expenses.

Please visit the church Web site (www.splcwaco.com) to register your children or to volunteer to serve!



CLASS OF 2019

We realize the coming weeks and months will be very hectic for you and your family. There are many tasks to complete, tests to pass, and lots of fun time with family and friends. Therefore, we wanted to give you plenty of notice to submit any graduate information you would like published in the **JUNE 2019** Newsletter. Please be sure to have all information delivered to the church office no later than **Monday, May 20, 2019**.

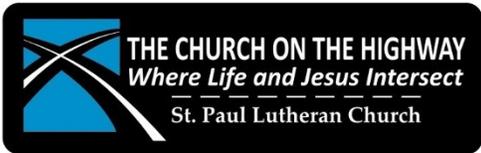
If you have any questions on what type of information to submit, please contact the church office at 254.799.3211 or by email at: wecare@splcwaco.com.



SAVE THE DATE

- 🔊 May 19 - Youth Lunch/Meetings
- 🔊 May 20 - Deadline to submit Graduate info.
- 🔊 June 1 - Circuit High School Youth Floatilla (San Marcos River)
- 🔊 June 16-19 - VBS
- 🔊 July 11-15 - National Youth Gathering (Minneapolis, MN)

If you have questions, would like to volunteer to help with events, or have ideas to share for possible future events...please stop by the Sunday School office.



1301 Hogan Lane • Waco, Texas 76705

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Fax: 254.412.0529
www.splcwaco.com

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